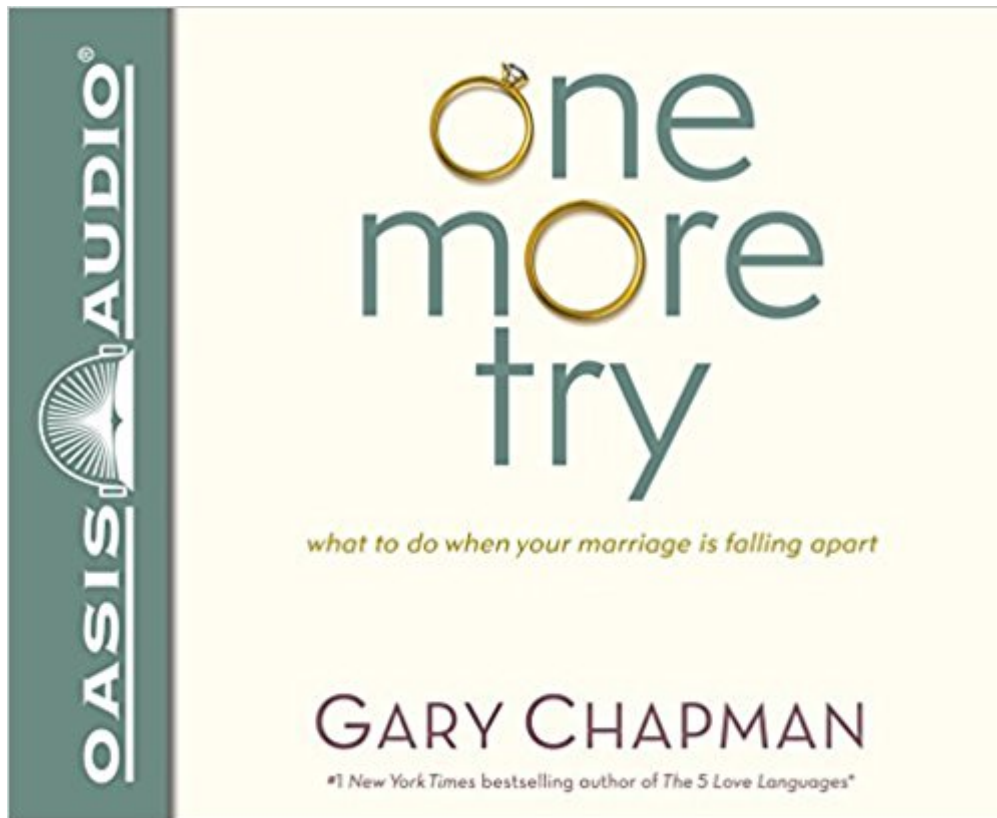




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One More Try: What To Do When Your Marriage Is Falling Apart



Synopsis

Is your marriage worth fighting for? If so, this audio book is for you. It takes a tremendous amount of strength to overcome skepticism and weariness, and begin the work of healing a broken marriage. But just taking a look at this audio book shows you have the heart of a fighter. In *One More Try*, Gary Chapman gives you the courage and confidence to move forward when your marriage is falling apart. *One More Try* will help you . . .

- Take the next step when blindsided in marriage
- Discover healthy ways to manage frustration and anger
- Effectively deal with loneliness
- Renew hope and trust in your spouse
- Rebuild your marriage from the ground up

The content of this book has been significantly revised and updated from its previous title *Hope for the Separated*.

Book Information

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Customer Reviews

When a marriage is on the rocks, a great place for couples to turn is Dr. Gary Chapman, one of the best marriage experts around. Best known for his *The Five Love Languages* and subsequent love language teachings and writings, Dr. Chapman has addressed, in his newest book, a very specific stage of marriage: on the brink of disaster. *One More Try: What to Do When Your Marriage is Falling Apart* is aimed at couples who are separated or whose marriages seem to be on their last legs. Chapman boils down what unfulfilling marriages lack to "one of three sources: lack of an intimate relationship with God, lack of an intimate relationship with your mate, or a lack of an intimate understanding and acceptance of yourself." He points out that the first and third of these "can be corrected without the aid of your spouse." When the goal is reconciliation, which is, of course, the ideal, each spouse has to be willing to work on 1 and 3 in order to make much progress

on 2. I like the fact that Chapman prioritizes getting one's spiritual life in order. Spending time in scripture and prayer every day is essential. Starting with the simple routine of reading a few verses every day and seeking to apply it to your life a great start. Chapman asks, "Can you envision what might happen in your life if you would begin reading the Scriptures daily, listening to the voice of God, and responding to his commands, in the power of the Holy Spirit?" No matter what the condition of your marriage is, Chapman has some good reminders here. If you want to be happy, work on making your spouse happy, since "genuine happiness is the by-product of making someone else happy."

This was the first book I've read by Gary Chapman. I've read articles by him online (Today's Christian Woman) and listened to Chapman's broadcast about this very book on Focus On the Family. From the broadcast's perspective, he was talking more about hopeless marriages and how the book will help. I'm not married, nor divorced- but engaged. Yep, engaged! I was led to this book after my fiancé and I agreed to step back from one another for a little while when we hit a rocky road in our relationship- where it felt helpless. Anywho, this book REALLY opened my eyes to MY sins. We all are so quick to point fingers to our mate and blame THEM for what went wrong, or how the relationship is failing/has failed- without ever zooming out and looking at ourselves. (Cue in Matt. 7:3-5) Chapman did a wonderful job by providing eye opening chapters and including scenarios from other couples as well as 'growth assessments' at the end of the chapters. Just working through the book helped me see how I'm a sinner too. It has really prepared me for our upcoming marriage and how separation will never happen again and divorce is NEVER an option (I honestly skipped chapter 10!). My review most likely won't help those who are struggling in MARRIAGE... but overall, the book is great and inspires those who are struggling or facing a marital crisis to NEVER GIVE UP! And cling to God. I also recommend "The Hills Church Marriage Reconciliation Workbook" (Google the ""- it's a free PDF). That's really great and I worked through it along with One More Try. They sort of go hand in hand. Both have helped me out a ton, as an engaged woman, to lean on God as I work out and work through my problems, issues and failures, so I can work on the unresolved conflict I have in my relationship with my fiancé.

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